



6th International Symposium

SURGERY OF THE SPASTIC UPPER LIMB

May 21st & 22nd 2026

Trinity College Dublin, Ireland

Programme



Chairperson:
Grainne Colgan



www.symposium-spastic-upperlimb2026.com



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Margaret Dee
Nicola Gaskin
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Grainne Colgan
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Darragh Hynes
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6th International Symposium Surgery of the Spastic Upper Limb



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> General Organisation

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6th International Symposium

Surgery of the Spastic
Upper Limb

Dublin,
Ireland

Thursday
May 21st, 2026



8:00 // Registration and Coffee

8:30 // Introduction and Welcome

8:40 // Opening Address

- Opening Address > The Brown Family

8:50 // Clinical Examination Techniques

Chair: Grainne Colgan

- Standardised Examination & Decision Making Principles > Chris Crowe
- Shoulder Examination > Nadine Sturbois-Nachef
- Elbow and Forearm Examination > Paolo Panciera
- Wrist and Fingers Examination > Kitty Wu
- Thumb and Intrinsic Examination > Nathalie Bini
- Dystonia and spasticity – Examination techniques > Aoife Murray

Discussion

10:00 // Pre-operative Evaluation

Chair: Kevin Cronin

- Functional Assessment Methods > Margaret Dee
- How reliable is Botulinum Toxin for preoperative planning of spastic upper limb surgery? > Laura Martini
- Single camera method for quantifying upper limb movement > Ciaran Simms / Jingwen Hu
- MDT clinic – how we do it in Dublin > Edel O'Neill

Discussion

10:50 // Coffee Break and Trade Exhibition

11:15 // Keynote Lecture:

- The rights & wrongs of tendon transfers in spasticity > Ann Van Heest

C12 CME credits (Day 1: 6.0CPD credits, Day 2: 6.0 CPD credits)

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11:35 // Paediatric Spasticity

Chair: Anna Van Heest

- Splinting in Practice > Tami Brown
- Promoting use of the spastic upper limb > Nicola Gaskin
- The role of early HSN in paediatric population > Eugene Park
- Functional restoration – when and who > Miryam Obdeijn
- Pronation spasticity & contracture > Dean Boyce
- Paralysed wrist and finger extensors > Praveen Bhardwaj

12:30 // DEBATE! Brain Plasticity versus Hand Spasticity

- We should operate early in children to promote functional use!
> Dean Boyce (For) versus Eva Pontén (Against)
Discussion

13:00 // Lunch Old Dining Hall

14:00 // Patient Session

Chair: Grainne Colgan

- Special Muscial Performance > James Kelly & Guests
- Patient Feedback Video
- Panel Discussion Thumb Case

14:35 // Keynote Lecture:

- Psychology of Disability > Aoife McNicholl
Discussion

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15:00 // Adult Spasticity

Chair: Nadine Sturbois-Nachef

- Predicting neurological recovery after CVA/ ABI > Marie Boland
- Shoulder rebalancing – can we restore function > Peter Rhee
- Elbow spasticity – what is the goal? > Simon Pickard
- Biceps & Triceps Co-contraction > Charlotte Jaloux
- Pronation contracture in adults > Bertrand Coulet
- Role of C7 neurectomy for spasticity: Tips and Early Results > Orlando Merced O Neill

16:15 // Coffee Break and Trade Exhibition

16:30 // Keynote Lecture

- The Spastic Thumb – a Surgical Strategy > Peter Rhee
Discussion

17:15 // Day One Overview and Close

20:00 // Guinness Storehouse



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8:30 // Postoperative Rehabilitation and Evaluation

Chair: Miryam Obdeijn

- Rehabilitation roadmap from goal setting to outcomes > Tami Brown
- Rehabilitation strategies and insights > Edel O'Neill
- Patient Reported Outcome Measures > Sara Dorman
- Postoperative Outcome Evaluation > Sze Ryn Chung

Discussion

9:30 // Keynote Lecture:

- Hyperselective Neurectomy: Where do we stand?
> Caroline Leclercq

9:50 // The Spastic Hand & Thumb

Chair: Caroline Leclercq

- Striatal Hand in Parkinsons > Bertrand Coulet
- Acquired Hypertonia deformity > Laure Gatin
- STP or flexor lengthening in non-functional hands > Petros Mikalef
- Intrinsic Spasticity & managing swan necks > Grainne Colgan

Discussion

11:00 // Coffee Break and Trade Exhibition

11:20 // Keynote Lecture:

- The Spastic Hand – our Ganga Hospital experience
> Praveen Bhardwaj

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11:40 // Ask The Expert

Chair: Darragh Hynes

- Open Panel Discussion

Panel: Caroline Leclercq, Ann Van Heest, Praveen Bhardwaj, Eugene Park, Eva Pontén, Simon Pickard

13:00 // Lunch Trinity Business School

14:00 // Dystonia

Chair: Grainne Colgan

- Neurological Lecture – understanding dystonia > [Conor Fearon](#)
- Use of motion analysis in dystonia evaluation > [Colm Daly](#)
- Deep Brain Stimulation – who when and how > [Catherine Moran](#)
- HSN for dystonia – does it work? > [Sami Tuffaha](#)

14:55 // DEBATE! Never versus Ever in Dystonia

> [Wee Lam](#) (For) versus [Bertrand Coulet](#) (Against)

15:30 // Coffee Break and Trade Exhibition

15:50 // The Future & Research Topics

Chair: Nathalie Bini

- Intraoperative nerve conduction studies in HSN for Spasticity > [Joaquim Casanas](#)
- Ulnar selective neurectomy > [Austin Hembd](#)
- Reset Neuroorrhaphy update > [Caroline Leclercq](#)

16:30 // The Final Session

Chair: Darragh Hynes

- Open Discussion “I still have a question”
- > All Faculty

17:00 // Closing Lecture

- The Spasticity Surgeon > [Grainne Colgan](#)



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